

**MRS. WENDY COLLIER, B. ED.**

403.755.7844

**PHILOSOPHY & MISSION**

*"Over the past 27 years of being a Teacher, Facilitator, Speaker & Author; I have seen how effective experiential lessons (let me learn with all my senses engaged) are for students of all ages. I've also had the tremendous pleasure to observe and experience how art impacts our mental, emotional, spiritual and physical well-being. I have created very unique and empowering books and programs by combining the various disciplines of Art with Self-Esteem and Life Skills. Our programs simply work!*

*My definition of Self-Esteem – being able to see our value and appreciate our worth.*

*My mission is to teach all kids and their families; that they are valuable, help them discover and appreciate their talents, skills and abilities, and teach the tools and lessons I've learned and created, so they will operate at their highest, best self."*

Wendy Collier, B. Ed.

**SUMMARY OF QUALIFICATIONS AND EXPERIENCE**

- ✓ Author and Illustrator of the Self-Esteem Angel Book Series for Children
- ✓ Author of adult self-help books
- ✓ Writes articles for children and adults
- ✓ Creates and teaches hands-on, experiential programs in a positive, active participation environment
- ✓ Actively participates in teaching and learning
- ✓ Provides leadership for students of all ages
- ✓ Effective communication and interpersonal skills
- ✓ Creates a non-threatening atmosphere that inspires students to share ideas
- ✓ Incorporates laughter and fun
- ✓ Challenges students to make better choices
- ✓ Helps students become the best person they can be
- ✓ Writing and editing skills in various formats/genres including stories, scripts, teaching resources, articles, columns and poetry
- ✓ Excellent drawing and painting techniques and skills
- ✓ Innovative, creative, energetic, enthusiastic
- ✓ Capable of making independent decisions
- ✓ Exceptional critical thinking and problem solving skills
- ✓ Thorough, detail oriented, competent, organized
- ✓ Proven track record of loyalty, honesty and integrity
- ✓ Presents a positive and professional image and role model

## **PROFESSIONAL PROFILE**

### **Role: Author, Illustrator & Educator**

July 2011 – Present

Wrote and illustrated, The Peace Angel, Self-Esteem Angel Series Book 9

Wrote the first adult self-help book, Power-UP! Self-Help on the Run – Building Self-Esteem and Life Skills

July 2011 – New eBook Released

Self-Esteem Angel Says "Divorce is NOT Your Fault!",

Self-Esteem Angel Series Book 8

July 2011 – Self-Esteem Angel Series eBooks Released on Amazon.com

January 2011 – Self-Esteem Angel Series eBooks Released on Barnes and Noble.com

December 2010 – New Book Released

a chosen child, Self-Esteem Angel Series Book 7

March 2010 – New Book Released

how to handle change ~ illness, Self-Esteem Angel Series Book 6

January, 2010 – New Book Released

how to handle change ~ friendship, Self-Esteem Angel Series Book 5

December, 2009 – New Books Released

how to handle change ~ moving, Self-Esteem Angel Series Book 3

how to handle change ~ losing a dog, Self-Esteem Angel Series Book 4

October & November, 2009 - The 5<sup>th</sup> Annual Self-Esteem Angel Mission was successfully launched with FREE author visits and students performed the play "being different is cool" for their student body. Over 1,000 students from schools throughout Alberta got the message loud and clear, that they are valuable and one-of-a-kind no matter what other children say to them. The schools that benefitted were: Innisfail Middle School in Innisfail; Sacred Heart School in Wetaskiwin; Greystone Centennial Middle School in Spruce Grove; New Myrnam School in Myrnam; St. Anthony School in Drayton Valley; Nicholas Sheran, School in Lethbridge; Notre Dame Elementary in Leduc; and Big Rock School in Okotoks.

May, 2009 - The 5<sup>th</sup> Annual Self-Esteem Angel Mission was launched at the Orlando Public Library in Florida on May 2, 2009 with a play performance by students of Stoneybrook East, Orlando and an Author Presentation.

December, 2007 – St. Albert, AB, Canada – First tour stops for the 4<sup>th</sup> Annual Self-Esteem Angel Mission. Play being different is cool 9 examples - performed by Youth Actors from Serendipity Talent Management. Erin Isfeld, CTV Edmonton and Master

of Ceremonies read to a group of students on stage from the 3<sup>rd</sup> book how to handle change; scenario – “how to handle moving.” Wendy talked to the audience of youth and parents about self-esteem and demonstrated how to deal with teasing, bullying and negative words. Then Wendy read to the group of students on stage from the 3<sup>rd</sup> book how to handle change; scenario - “how to handle losing a dog.”

December, 2007 – Wendy read; and answered questions from the students about her books; being different is cool and is unconditional love like heaven? - Mrs. Auray’s Grade 3 class, Father Jan School, St. Albert, AB, Canada.

November, 2007 – Wendy spoke to all students (K-5) from St. Elizabeth Seton School, Red Deer, AB, Canada. Play performance being different is cool 9 examples by Pam Miller’s Grade 3 class to the whole student body.

November, 2007 – 4<sup>th</sup> Annual Self-Esteem Angel Mission launched in Red Deer. Play being different is cool 9 examples - performed by Pam Miller’s Grade 3 class from St. Elizabeth Seton School. Wendy read to a group of kids on stage, from the 3<sup>rd</sup> book how to handle change.

October, 2007 – Wendy spent time teaching some of the concepts from her lessons to Mrs. Miller’s Grade 3 class. The students in this class also got to be an “Honorary Self-Esteem Angel™” for a day.

May, 2007 – Stone Lakes Elementary, Orlando, Florida - being different is cool school program presented. Wendy spent 2 days and taught lessons on self-esteem and life skills; incorporating art projects and basic performance skills, to Mrs. Schenk’s Grade 4 class. The class got to be an “Honorary Self-Esteem Angel™” for a day. The class performed the play being different is cool 9 examples, twice and Wendy talked to the audience of students and parents about self-esteem, creating her books and the concepts and skills from the lessons she had taught. One performance was for parents and one grade 4 class, the other for two grade 4 classes.

April, 2007 – Created and wrote articles for 1<sup>st</sup> edition of Family Good News-letter.

March, 2007 – submitted Grant Application to Alberta Foundation for the Arts.

January, 2007 - being different is cool school program presented at Mother Teresa School, Sylvan Lake, AB, over 500 students K-9. Grade 7 students performed play being different is cool 9 examples for the rest of student body and the evening workshop for parents. Wendy Collier did 4 presentations for the students K-3, 4-6, 7-9 and an evening workshop for parents on how to build self-esteem and empower your kids.

October, 2006 Youth Growth-shop (5 hours)- Through book reading, play script, art projects, worksheets, and activities helped youth build their self-esteem and discover their talents, skills, abilities, unique interests and attributes.

October, 2006 – Finessed the being different is cool school program which includes; the expanded play with 9 examples of teasing and bullying, art projects and lessons on self-esteem and life skills.

September, 2006 – Book Launch Event for is unconditional love like heaven? Self-Esteem Angel Series, Book 2. Play performance by Tree House Youth Theatre of the expanded version of the script being different is cool 9 examples. Art Projects & Festivities included “You are valuable, You are one-of-a-kind” door hanger.

May-August, 2006 – Organized Book Launch Event

May – August, 2006 – Wrote, edited, illustrated Book 2 is unconditional love like heaven?

2006

Re-wrote the play to incorporate 9 examples of teasing and bullying.

Wrote the column “Power-UP!” on various topics of personal growth and self-esteem for the quarterly newsletter for Alberta Dental Assistants Association.

Wrote a correspondence course with questions on “Win-Win Conflict Resolution” for Alberta Dental Assistants Association.

being different is cool school program presented at Oriole Park School, Red Deer, AB., over 500 students. Grade 5 students presented a readers’ theatre of the 3 versions of the play being different is cool for the rest of the student body and a parent session. Wendy Collier did 3 presentations for the students and 1 for parents.

November, 2005 - being different is cool plays, art project, and presentation by Wendy Collier at Dunstable, AB, for students from Dunstable and Meadowview Schools and a parent session.

September, 2005 - Wrote version 2 and version 3 scripts of being different is cool, which included 6 additional examples of put downs, teasing and bullying.

July-October, 2005 - Created and developed teaching resource package for being different is cool.

July, 2005 - Story readings with stamp and color bookmarks created by Wendy Collier for youth at Westerner Exhibition and Centre Fest, Red Deer, AB.

July 1, 2005 – Celebrity Book Reading for Red Deer Public Library at Canada Day Celebration.

Education Week 2005 – play being different is cool performed by students of Holy Family School and presentation to seniors by Wendy Collier on building self-esteem for grandchildren; Golden Circle, Red Deer, AB.

March, 2005 - being different is cool play performed by 2 casts of students, directed by drama teacher Pam Miller. Wendy did 2 presentations to the students at Holy Family School, Red Deer, AB, over 500 students and an evening workshop on building self-esteem for parents/community.

November, 2004 – Red Deer, AB, Canada

Wendy planned and coordinated Book Launch Event - being different is cool which included a play performance by Tree House Youth Theatre of Red Deer. Wendy also spoke to the audience of 120 people about the importance of self-esteem, her personal journey of self-esteem and the creation of her book. The 1<sup>st</sup> Annual Self-Esteem Angel™ Mission was also launched.

### **Role: Professional Speaker & Facilitator**

October, 2008 – Opening Keynote (Experiential) – Outreach Teachers' Conference

October, 2007 – Law of Attraction Workshop – Co-facilitated with Murray Fuhrer

August, 2007 – Youth Growth-shop (12 hours)- Through book readings, art projects, worksheets, and activities taught youth ages 6-12 how to build their self-esteem; discover their talents, skills, abilities, unique interests and attributes; and how to deal with challenging life situations, such as being afraid and being bullied. Facilitated with Annette Scherrens-Sehlstrom, B. Ed.; B. Arts

November, 2006 – Keynote: Workshop Format: Created & Facilitated "Keeping Your Apple Barrel Full", Partners Program, Potato Growers of Alberta.

Youth Growth-shop (7 hours) Ages 7-13

October, 2006 - Conference Workshop: Created & Facilitated "Your voice, their inspiration!" Special Education Council Conference.

Conference Workshop - Chronic Illness Symposium

Feb – April, 2006 - Course (10 sessions): Created & Facilitated Corporate Training for Heywood, Holmes and Partners - Chartered Accounting Firm.

Keynote: Workshop Format – Alberta Dental Assistants Association Conference

Keynote: Workshop Format – Family & Community Support Services

2003 – 2005: Courses for Adults: Created & Facilitated A.C.T.I.O.N. & Balance Level 1 & Level 2.

1997 – Present - Workshops for Adults: Created & Facilitated various topics.

### **EDUCATION & TRAINING**

#### **PROFESSIONAL DEVELOPMENT**

##### **Technology Training**

##### **Extreme Esteem Workshop**

##### **Networking for Business Course**

## **Business Networking Speakers Presentations**

### **Chamber of Commerce – Speakers Presentations - Mentoring Breakfast, Ambassadors Lunch, Red Deer, AB**

**Course:** Watercolor Painting

**Workshops:** Writing & Publishing

**Courses & Workshops:** 1989 – Present: Various topics of Personal Development & Self-Esteem

## **UNIVERSITY OF ALBERTA - Edmonton, Alberta, Canada**

- Bachelor of Education (1982)

## **PERSONAL PROFILE**

### **COMMUNITY SERVICE & VOLUNTEER ACTIVITIES**

- Self-Esteem Angel™ Mission 2009, 2007, 2006, 2005 and 2004 – Founder & Chairperson
- Self-Esteem Society for Central Alberta, Red Deer - President (2 years); Vice-President (3 years); Chairperson – Special Events; Director (10 years); Founding Member; Honorary Life Membership
- Clearview Meadows Community Association - Director
- Honored as “Volunteer of the Day”, for Red Deer

### **OVERALL HEALTH & WELL-BEING**

- Actively builds physical, mental, emotional, and spiritual strength
- Incorporates regular workouts which include cardio, weights, strength, stretches & yoga
- Life long commitment to learning and developing talents, skills, abilities, unique interests and knowledge
- Yearly medical assessment
- Non-smoker

### **INTERESTS & ACTIVITIES**

- Family & Friends
- Painting, Drawing, & Writing
- Preventative Health Care – Juiceplus, Reiki, Meditation, Reflexology
- Golf
- Reading & Games
- Nature & Walking
- Beach, Shelling, Snorkeling